**Primary Muscles of the Body**

**Label the muscles on the diagrams below**.

**Trapezius Deltoid Tibialis anterior**

**Latissimus Dorsi Rectus abdominis Gastrocnemius Biceps Brachii**

 **External oblique Pectoralis major Quadriceps Triceps brachii**



 **Trapezius Deltoid Tibialis anterior**

**Latissimus Dorsi Hamstrings Rectus abdominis Gastrocnemius Biceps Brachii**

**External oblique Pectoralis major Gluteus Maximus Triceps brachii**